

Captain Micheal A.D. Short

- 16 YEARS OF SERVICE IN LAW ENFORCEMENT
- RANKS- PATROL OFFICER, SERGEANT, CAPTAIN
- SPECIALIZED ROLES INCLUDE K9 OFFICER, SWAT COMMANDER, PUBLIC RELATIONS, COMMUNITY POLICING, PROSECUTOR & SCHOOLS LIAISON & INVESTIGATIONS COMMANDER
- COMMITTED TO COMMUNITY ENGAGEMENT AND PERSONAL GROWTH, I VALUE TIME WITH FAMILY, LOVE TO TRAVEL, AND AM DEDICATED TO CONTINUOUS LEARNING.



Communication

- Keep lines of communication open and make sure you come from a place of love and compassion – even when you're having tough conversations.
- Balance any consequences with positive encouragement.
- Teachable moments come up all the time use these as natural opportunities to discuss substance use.



6 TIPS TO HELP YOU TALK WITH YOUR TEEN



#1 TIMING IS EVERYTHING

Find the best time during the day to talk to your teen by paying attention to when, where, and at what point they open up the most. Like anyone, there are better times to talk than others.

#2 CREATE SPACE FOR COMMUNICATION

Turn off the tech, make it cozy, play some board games, or ask for prayer requests. By creating the atmosphere for sharing, teens are more likely to talk.



#3 GIVE COMPLIMENTS OR SUGGESTIONS

Teens are so used to being belittled, insulted, and the like. We want to be the example of healthy communication. Suggestions should come at their request unless there's unhealthy damaging behavior.

#4 SMALL THINGS MATTER

Although it may seem like a small thing, sometimes teens just want someone to listen and understand. Who doesn't?! Once they trust you with the small talks, they will trust you with the big talks.



#5 DAILY CHECK-IN

Set an alarm in your day to make time for your teen. Call, text, or walk into their room. By setting aside time every day, they will learn to expect it and be ready for conversation.

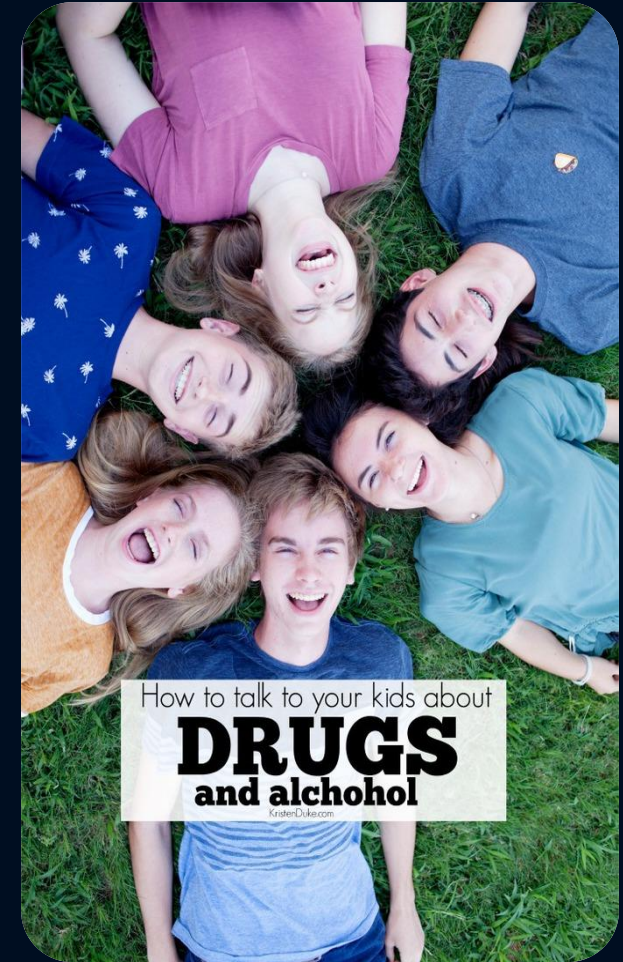
#6 SPEAK WITH RESPECT AND A FILTER

Teens want to be treated with respect like any other human being. By being an example of respect, they will in turn respect you. Also, filter your language. Cursing and raunchy language are not okay.



The “Drug Talk”

- Keep it age appropriate
- Be clear about rules & reasons
- Be upfront on consequences & consistent with punishment
- Don't focus on punishment/getting in trouble, focus on risks including affecting appearance, disease, injury, death.
- Substance abuse habits are expensive \$\$\$\$ (Drugs, Alcohol, Smoking)
- Really go into addiction & how hard it is to quit a habit after starting it.
- Impact on the future- college, jobs, legal troubles, relationships, family
- MOST IMPORTANT- Not a one-time conversation, check in frequently due to changes at each age/grade level.



and alcohol
DRUGS

Prevention Tips

- **#1 BE A GOOD ROLE MODEL**
- Be present in their lives, monitor internet, & social media.
- Set rules with appropriate punishments that teach.
- Give daily tasks that must get done.
- Keep kids involved! Sports, music, clubs, youth organizations...etc.
- Keep kids busy!
- Teach kids to be nice/kind to everyone but be picky on their inner circle.
- Talk to them about possible scenarios that will come up through out their youth & prepare them on how to respond.



How much
SOCIAL MEDIA
monitoring is too
much for your teen?



Common Signs of Drug Use

SIGNS AND SYMPTOMS OF A CHILD AT RISK OF DRUG ADDICTION

Common signs of drug abuse:

- Sudden change of friend group
- Avoidance of eye contact
- Regularly asking for money
- Strong smelling cologne or perfume after being out
- Little interest in activities that were once enjoyed



Physical symptoms of drug abuse:

- Sudden and severe weight loss
- Red, bloodshot, watery, or squinty eyes
- Dilated pupils
- Lack of energy / lethargy
- Flailing / jittery hands
- Uncontrollable chills
- Increased heart rate, palpitations, and Arrhythmia
- Nausea, vomiting and, disorientation
- Daytime drowsiness



Mental symptoms of drug abuse:

- Overly emotional
- Confusion or disorientation
- Social instability
- Hypervigilance and paranoia
- Skipping school and a sudden drop in academic performance

- Lack of inhibition
- Extreme mood swings



PHYSICAL WARNING SIGNS OF DRUG ABUSE



Poor coordination, slurred speech, consistent shaking or tremors



Dilated or constricted pupils, bloodshot eyes



Bad breath or strange smelling clothing or body odor



Rapid weight gain or loss, change in sleep habits and appetite



Lack of concern for personal hygiene and appearance

COMMON SIGNS OF ADDICTION IN TEENS

The National Institute on Drug Abuse (NIDA) reports that 70 percent of teens have tried alcohol by their senior year in high school, 50 percent have abused an illegal drug, 40 percent have smoked a cigarette, and 20 percent have used a prescription drug recreationally.



MOOD SWINGS

While common in teens, addicts are prone to mood swings when being under the influence.



DEPRESSION

Many individuals can fall into a deep depression by their situation.



EUPHORIA

Most drugs induce a state of high Euphoria, making the user seem elated at socially unacceptable times.



CRIMINAL BEHAVIOUR

Addiction can be so strong that users will do anything to get more, often resulting in crime to fund.



SLEEPLESSNESS

Stimulants make sleep difficult, while dependencies on certain drugs can be relied upon to aid sleeping.



UNEXPLAINED ABSENCES

Addictions are often kept secret from loved ones or co-workers, with interaction avoided.

body of text



ANXIETY

Almost every addiction causes user anxiety to make it the hallmark symptom. It can range from anxiousness over the next "fix", financial pressures, keeping it secret, or by the drug itself.



ADDICTION CRAVINGS

Regardless of the subject of the addiction, cravings for the next "fix" can be unbearable causing personality changes.



CHANGE IN APPEARANCE

Some drugs can have a debilitating effect on the users body, either through weight gain or emaciation.



NEW SOCIAL GROUP

Addicts tend to hang around with people with similar addictions, and close friends who do not approve shunned.



Data

- 1-8 TEENAGERS USED AN ILLICIT SUBSTANCE LAST YEAR
- 61% INCREASE IN DRUG USE AMONG 8TH GRADERS FROM 2016-2020
- 2.08 MILLION OR 8.33% OF 12- TO 17-YEAR-OLDS NATIONWIDE REPORT USING DRUGS IN THE LAST MONTH.
- AMONG THEM, 83.88% REPORT USING MARIJUANA IN THE LAST MONTH.
- 591,000 TEENAGERS AGED 12- TO 17-YEARS-OLD USED AN ILLICIT DRUG OTHER THAN MARIJUANA IN THE LAST MONTH.
- 8.7% OF 8TH GRADERS HAVE USED ILLICIT DRUGS IN THE LAST MONTH.
- 21.3% OF 8TH GRADERS HAVE TRIED ILLICIT DRUGS AT LEAST ONCE.
- BY THE TIME THEY'RE IN 12TH GRADE, 46.6% OF TEENS HAVE TRIED ILLICIT DRUGS.
- 11.89 MILLION 18- TO 25-YEAR-OLDS USED DRUGS IN THE LAST MONTH.
- 4,777 AMERICANS AGED 15 TO 24 YEARS OLD DIED OF AN OVERDOSE OF ILLICIT DRUGS IN ONE YEAR.
- 11.2% OF OVERDOSE DEATHS ARE AGED 15 TO 24 YEARS.



Overdose Death

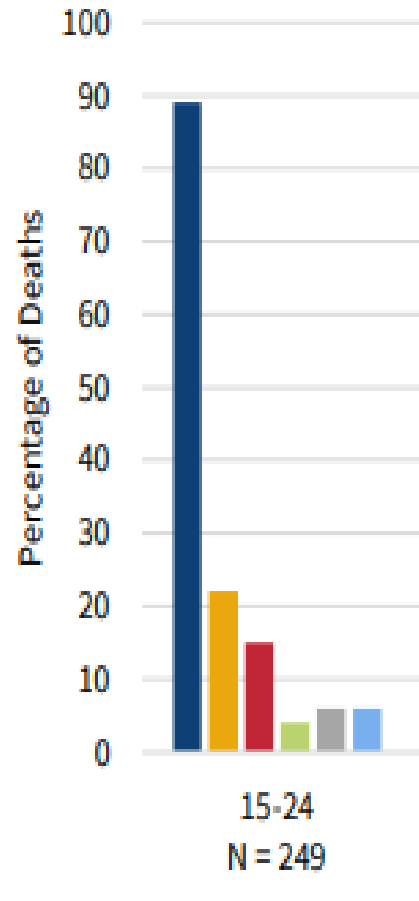
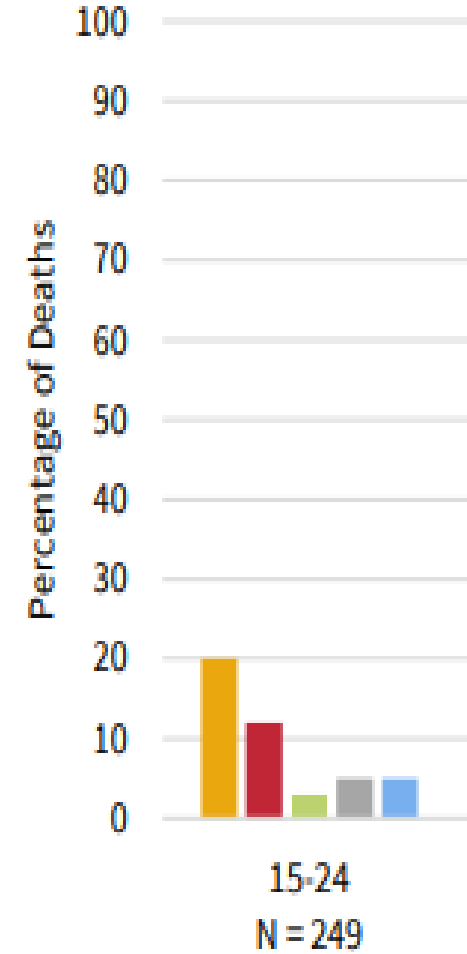


Table 5. Number of Unintentional Drug Overdose Deaths Involving Select Drugs by Age, Ohio, 2021-2022

Age Groups	Opioids						Non-Opioids					
	Fentanyl		Natural and Semi-Synthetic Opioids		Heroin		Cocaine		Psychostimulants		Benzodiazepines	
	2021	2022	2021	2022	2021	2022	2021	2022	2021	2022	2021	2022
15-24	234	221	10	15	7	9	48	55	53	38	27	16

Table 7. Number and Rate of Unintentional Drug Overdose Deaths by Demographics, Ohio, 2018-2022**

Demographics	2018	2019	2020		2021		2022		2020-2022	
	Number	Number	Number	Rate ¹	Number	Rate ¹	Number	Rate ¹	Number	Rate ¹
Age										
<15	4	4	5	.	7	.	7	.	19	0.3
15-24	247	241	327	21.1	260	17.1	249	16.3	836	18.2



■ Fentanyl ■ Cocaine ■ Psychostimulants ■ Heroin ■ Benzodiazepines ■ Natural and Semi-Synthetic Opioids

■ Fentanyl + Cocaine

■ Fentanyl + Heroin

■ Fentanyl + Natural and Semi-Synthetic Opioids

■ Fentanyl + Psychostimulants

■ Fentanyl + Benzodiazepines

Keep Drugs Away!

- LOCK UP PRESCRIPTION MEDICATION
- DO NOT KEEP ILLICIT DRUGS LAYING AROUND

©CBS NEWS · 2d

Detroit father fights for justice after 1-year-old dies from fentanyl overdose

The infant's death was ruled a homicide by police and the medical examiner, but the case was dropped by the prosecutor's ...

The Columbus Dispatch · 4d · on MSN

Columbus police investigating death of 11-month-old as suspected fentanyl overdose

The boy, who was just over two weeks away from his first birthday, died on Aug. 15. Preliminary autopsy results showed ...

FOX11 NEWS · 12d

Green Bay father sentenced to 13 years in prison for toddler's overdose death

Derrick Young was sentenced Tuesday to 13 years in prison after his 18-month-old son died after ingesting fentanyl while he ...

THE SACRAMENTO BEE · 6d · on MSN

California mother enters child abuse plea in son's fentanyl death. He died on his 1st birthday

A Northern California mother pleaded no contest last week to child abuse after her son ingested fentanyl she left in his crib ...


Youth Overdose Death

"Though life may be brief, it is the memories that last forever"
"We will never forget the joy and laughter you brought to our lives"

BBC · 1y
Fentanyl overdose: US teens fastest growing group to die
Teen overdose deaths have never been higher in the US as young Americans are increasingly poisoned by the synthetic opiate fentanyl, even as fewer teens use drugs. More than 100,000 Americans died ...

Nine News Australia · 1mon
Teen dies of drug overdose
A 15-year-old has died of a drug overdose in Richmond, just a few hundred metres from a medically supervised injecting room. Added Nov 24th, 2019 An investigation is under way after police ...

37.1K Followers

 WSB Atlanta [+ Follow](#)

19-year-old bought \$100 of pills in Taco Bell parking lot. Now, she's dead

Story by WSBTV.com News Staff · 1w ·  2 min read

KOMONEWS · 3mon · on MSN

13-year-old dies from suspected overdose in Spanaway

A 13-year-old boy has died from what Pierce County deputies believe was a narcotics overdose. Paramedics from ... in Spanaway ...

KXAN · 14d

Family of teen who died of fentanyl overdose warns of dangers of experimenting with drugs

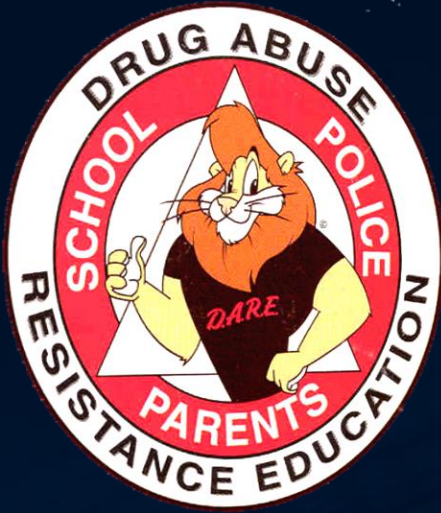
"She's my favorite person. The moment she was born, she was that person for me." Carlos described his daughter dying of a ...

News-Press · 1mon · on MSN

Authorities probe Estero teen's nightclub overdose while family mourns loss of second child

The father of a teenager who died last month following an overdose linked to a Fort Myers ... A 19-year-old who suddenly dies ...

Law Enforcement Help



So my daughter had her kindergarten ceremony this morning , we got lunch and went to the park. She saw a police officer , and wanted to say hi.

So I just want to give some recognition to officer Shipley and k-9 Roo , for taking the time to make this girls day. ❤️



Thank You!



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